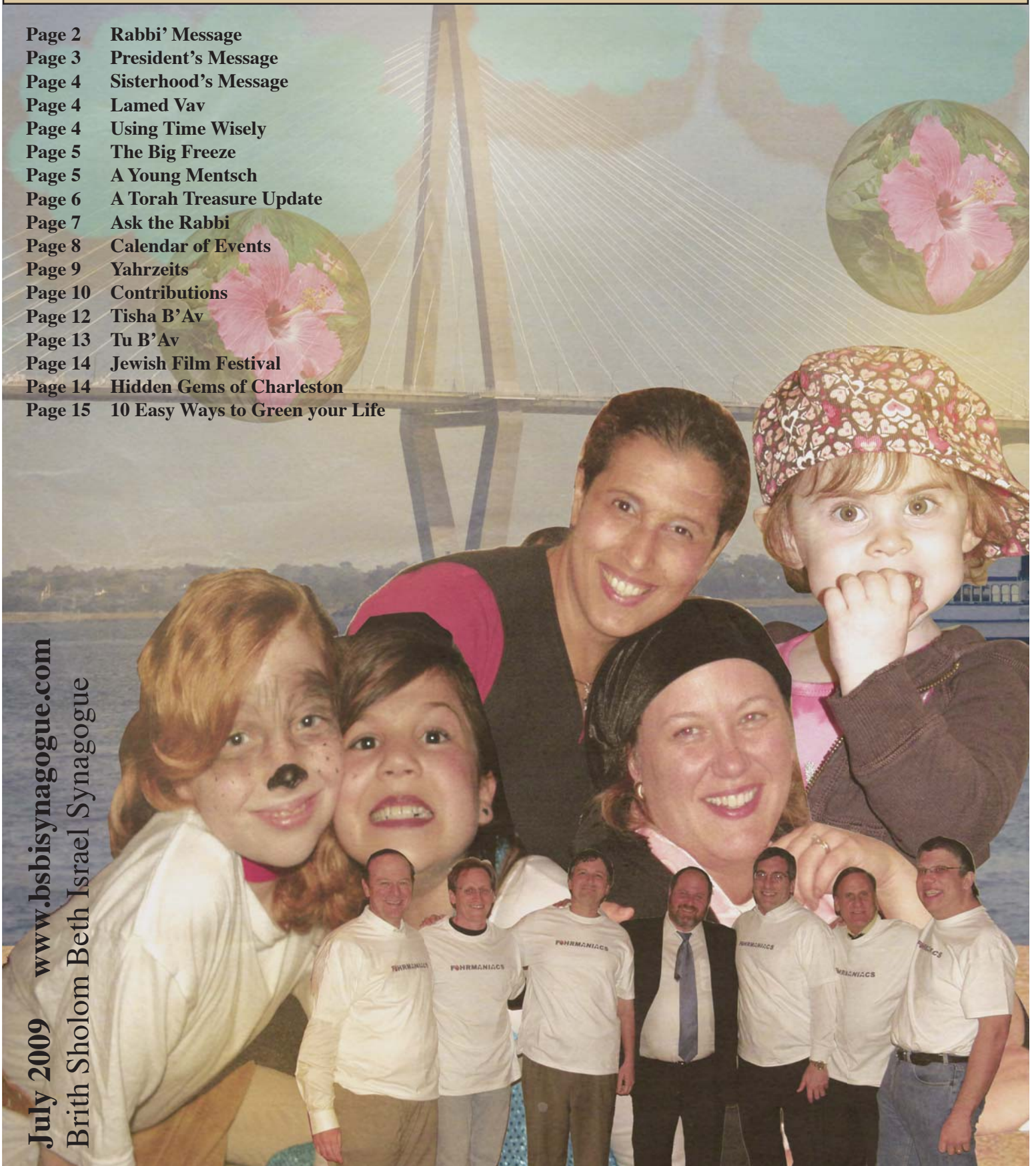


THE MESSENGER

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July 2009 www.bsbsynagogue.com
Brith Sholom Beth Israel Synagogue



Welcoming G-d into our Home

by Rabbi Ari Sytner

“Sam The Jacket”, the star of my previous Messenger article, became a delightful topic of discussion among many people within our Shul. It raised a great awareness about the level of respect, decorum and proper attire when we attend Shul.

My mother always taught me that as a guest in someone’s home – I should always present myself in the proper fashion – both in terms of dress and behavior. Certainly, the same holds true when we are guests in G-d’s home. A synagogue should always be a place of great physical beauty and spiritual awe so that the congregation can assemble with the utmost joy and reverence before our creator.

Yet, in Judaism, I think that the sometimes we put a little too much weight in Shul alone, and not enough focus in our own homes. After all, Judaism is not a religion designed around a few hours of worship each week. Rather, it is geared toward the way we live our lives, run our homes, and conduct our business affairs throughout every hour of every day. That is why Judaism has so much to say about our home lives – from the way we prepare and eat our food, to the Mezuzah which hangs on the entrance to each room in the house. The message is clear - G-d lives here too!

The great scholar, Rabbi Shlomo Zalman Auerbach, Z”TL, was known throughout Bnei Brak for being a tremendous spiritual leader and Torah luminary. A student once observed a curious sight, as the great rabbi was about to enter his home. Rav Auerbach stopped

- fixed his jacket, straightened his tie and hat, and combed his hair and beard as he smiled and stepped over the threshold and into the house.

His student, confused by the apparent vanity displayed by the great Rav, later asked his teacher about this strange daily ritual that he conducted before entering his home. He explained that the Talmud teaches that when husband and wife have Shalom Bayis (domestic peace), the Shechinah (G-d’s presence) rests among them. In other words, when we create a peaceful Jewish home, our own private residence is trans-

formed into a place of G-d,

with sanctity that rivals that of the Shul itself. “Therefore”, the rabbi explained, “since my wife and I have such a special relationship, I have to prepare myself to not only greet her, but to also meet Hashem when I come home”. This story illustrates the balance of living with a constant awareness of G-d – not only in Shul, but also at home.

Like the Shul, the foundation to a Jewish home, is that it is a place for G-d. It is built upon love of Torah and family – which includes promise for a strong Jewish future – coupled with a robust appreciation for the past.

If there is one thing that sets Southerners aside from the rest of the country (other than our love for grits and pickled okra), it is our ability to express true southern hospitality. I would like to suggest that we extend this invitation not only to friends and family, but to G-d as well.



A strong Jewish community is one, which receives Hashem both in Shul as well as at home. If we daven in Shul from the utmost depths of our soul, but then go home and abandon the very principles that we previously embraced – what is it that we have to show for our time with G-d?

The goal of communal prayer should, therefore, be to find inspiration among the community, personal reflection and meditation, and to hopefully be able to find G-d in Shul, and then bring Him home with us. At that point, we will be able to pause at the door, kiss the Mezuzah, bless Hashem for our food, and treat our families, friends and neighbors with the love and respect that the Torah mandates. Inevitably, with G-d in our midst –we will have the ability to transform our home into a place of Kedusha, with rich sanctity, peace and harmony that permeates all areas of our lives.



BSBI Happenings

by Stanley Baker, President



These are busy and exciting times for BSBI congregation. The much-needed repairs on our Shul are underway. In the main sanctuary, we are repairing and refinishing

the floors, replacing the ceiling, updating the electrical and the painting. On the first floor, the bathrooms are being updated; the foyer floor, which had water damage, is being replaced with Jerusalem tile, the ceiling replaced as well as the walls are being repainted.

At the Minyan House on Lord Ashley, the plans for renovation were approved by the city and bid out. Construction began in June and is anticipated to go on until September. In the mean time, those who pray at the Minyan House will be able to do so at a



temporary storefront in South Windermere shopping Centre. The home for our Rabbi and his family is nearing completion and a possible move in date is at the end of July. These projects will enhance and revitalize our congregation and will strengthen our foundation. These improvements were the wishes and desire of our members of BSBI.

Now, I call on all of you again in making our rescue and restoration of our holocaust Torah a success. This project is important for several reasons. First, the success of this campaign demonstrates that as individuals we have not forgotten our brothers and sisters who were murdered by the Nazis during the holocaust. Second, the success of this campaign demonstrates that we cherish the survivors of the holocaust. Finally this campaign will provide needed funds that will finance this Shul for the next couple of years. These funds are needed to implement more programming for all of our members. I ask that each of you make a pledge that will be payable over three years and then solicit others in our community, Jewish and non-Jewish, to donate to this restoration and therefore our fund raising will be satisfied for several years.

In other news, BSBI will be starting a Matan Bat Mitzvah program in the fall. As a Jewish pre-teen approaches her Bat Mitzvah, she must face issues of her changing identity and her place as both a woman and a member of the larger Jewish community. Through the Mother-Daughter Bat Mitzvah Program - Jewish Women through the Ages, the Matan program helps young women and their mothers navigate this life-passage together so as to allow the Bat Mitzvah girl to build an adult identity rooted firmly in Jewish sources. This identification of Jewish women with their heritage is absolutely critical for the Jewish continuity of the next generation. As well, our hope is to expand this program to satisfy other needs of our congregation. In order to hire an assistant Rabbi, this project must be successful. If you know of someone between the ages of 10 and 12 that is a potential candidate for the program, please have them contact Lori at 577-6599 ext.7.

In preparation for the upcoming year, I invite anyone who would like to be a member of the BSBI Board for 2010 to please contact me. I am looking for people to roll up their sleeves, to really get involved, work on committees and support all our daily services. Each of us has faithfully served BSBI and we know the importance of supporting our congregation and the needs of our members. With your help, we can continue to make that happen. Please contact me at stanley@bsbisynagogue.com to get involved.

As always I thank you for your support. Continue to "Experience the warmth and live the inspiration".



4 The Messenger

by Deborah Ellison,
Sisterhod President

The Sisterhood

The BSBI Sisterhood 08-09 year ended as energized as it began. Our Installation May Meeting was fabulous! Our ladies ate a delicious, healthy salmon brunch served and orchestrated by Amy Kirshtein. At this meeting, three of our members spoke about “Growing Up Jewish Around the World”. Eddie Rubin shared her stories about what it was like to be raised in Israel. Her experiences amazed us all. Betty Lancer talked about growing up Jewish here in Charleston. We all laughed and shared in her good memories, which many of our members were a part of. Ann-Therese Hyman also described what it was like to be one of the few Jewish families in her city in Sweden. She provided great advice for instilling a strong sense of Judaism in our children and grandchildren. Thank you to Amy and our wonderful speakers for a fabulous meeting.

On May 13th, Sara Weinstein was distinguished with “The Woman Who Makes a Difference Award”. Sara’s husband Mitchell spoke about how Sara has

touched not only his life and the lives of their children, but also her tremendous contribution to our sisterhood and the whole Charleston Community. Sara’s devotion to the values of Judaism is seen in everything she does. We are proud to have Sara as an active member of our sisterhood.

Sara Beth Rosen and Barbara Schwartz decorated the Chapel with greenery for Shavout Services. Thank you ladies for performing this mitzvah.

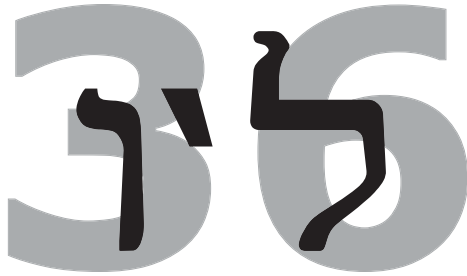
I would like to take this opportunity to thank the past board and committee chairs for all they have done to make this year such a success. Your dedication and hard work was truly appreciated.

I am looking forward to this upcoming year. We are already hard at work planning more exciting programs and holiday celebrations. Please let me know if you are interested in joining the sisterhood or in becoming more involved. Enjoy your summer!



What is the Lamed Vav Society?

by Rabbi Ari Sytner



Jewish tradition teaches us that in every generation there are Lamed Vav (thirty six) hidden righteous people that keep the world going. Nobody knows who they are - and if you even suspect that you are one of them . . . you are probably not.

The idea behind this legend is that it is the discreet acts of righteousness that are the most powerful deeds that we can ever do. BSBI has a secret Lamed Vav Society, which helps serve as the backbone of the Shul. This society is based upon a group of people that secretly donate \$1000 annually to the Shul. These donations do not get recognition; no plaques, announcements or fanfare surrounds these noble donations. The only one that is aware of the identity of the donors is Rabbi Sytner, as checks are sent directly to the rabbi’s attention and he processes them personally.

Currently, the Rabbi is looking to find several new angels that can join the Lamed Vav society. Donations can be made annually or even paid out monthly over the course of the year. If you are interested in participating in this program, and give tzedakah in the highest form - anonymously- please contact Rabbi Sytner directly at rabbi@bsbisynagogue.com, or 843-452-6382.

Using my time wisely

by Joellen Kirshtein

Absolutely exhausted from a day with kids, I flopped down in my favorite spot. I really wanted to use my free time wisely and get some Torah knowledge into the old cranium, but I was too tired to concentrate and read. I wished that someone would just pour some Torah into my head. I reluctantly turned on the TV to “veg out”. I quickly developed ADD and stared surfing through the channels with nothing holding my interest. Spongebob, Shamwow, and Seinfeld- nothing was on. I decided to surf through Video on Demand, Channel 199 on Comcast Cable. Maybe there would be a good History Channel documentary or a Discovery Channel episode of the Naked Archeologist to watch. Yes, I am a huge nerd. Through all of these choices and menus I found this station here in Charleston S.C. This was unbelievable. This was so cool. Shalom TV. I immediately started searching through the menu. Israeli news, Hebrew lessons, Esther Jungreis, Rabbi Mordechai Becher, the weekly Torah portion, I had to make sure that I was awake and not dreaming this one. This was amazing.

How to get there? If you have Comcast on Demand it is easy. Main menu, scroll to TV Entertainment. Scroll through 1st page and continue to the 4th page...be patient it is there. This menu will give you 3 choices: Judaism & Culture, News & Israel, and Shalom Center. Each week it is updated and you can catch the Torah portion, news, and even some great Jewish music. Check out this station, enrich your life, and get in touch with your Yiddishkeit.

A Young Mentsch

by Bill Novit

After our Shul's pre-Passover dinner (ChametzFest), I left Lea and Bonnie, her twin sister, in the Solomon Hall while pulling my car up to the front door. When they entered the car, Bonnie told me how impressed she was by six-year-old Micah Cohen. He held the door open for Lea and Bonnie as they exited the Hall. Being from St. Louis, Bonnie is not accustomed to men -- let alone children

With the warm weather upon us, everyone could use a bit of cold relief. The other day I opened my freezer in search of something. I was making mandel bread and needed just a handful of almonds. I was sure I had a small bag of frozen almonds in there somewhere. So I started to search. As I was digging over the bags of frozen chicken breasts and through the boxes of frozen vegetables, I forgot about my search for almonds and became amazed at what I had living in my freezer. Half a frozen raisin challah? It's vintage, looked 5766. Chicken soup? Uh, thinking back to the last time I made chicken soup that must be vinegar by now. And, oh my, those meatballs turned white! Wait, those are matzah balls. Whew, I thought I was going to have to call in an exterminator. I decided that it was now or never to clean up this mess and purge my freezer. At this point, everyone wanted to get in on the game. Truere came crawling over in search of something, anything to put in his mouth. Even the dogs got in on the act. I know bulldogs are not known for their ability to sniff and search but if they found anything appealing, it would probably be prudent to toss it.

Each item became more interesting than the next. There were those candles holders. I remember Martha Stewart instructing to freeze wax to easily remove it. If only my ancestors knew this. I can just picture my great grandmother in Russia putting her candle sticks in her icebox. Then I came upon a structure that was reminiscent of an aluminum swan restaurants sometimes put your leftovers in. As I lifted it gingerly so as not to break off the swan's head, I realized it was last year's Pesach shank bone. I vaguely remember my mother handing it to me and telling me to put it in my freezer in a hushed urgent tone that is known as her serious voice. I even found a small piece of wedding cake. The funniest part? It wasn't from my wedding. And then I decided that eating it was the right thing to do. After all, it is good luck. As I continued through the frozen tundra, past crumbs & particles, I thought that perhaps the discovery here would one day tell the story of how a Modern Orthodox Jew lived and ate. Some say it's an urban myth but I know it's true that in Charleston, there exists a batch of chicken soup that has been frozen and reheated for generations. In fact, I've tasted it and can attest that chicken soup is

-- showing this courtesy. When she thanked him, his response was: "I need to do mitzvahs."

How beautiful! Certainly, Addlestone Hebrew Academy effectively teaches Jewish values to children, but having known his parents, Randy and Robyn; his grandparents, David and Linda; and his great-grandparents Sol and Celia, OB"MM, it is obvious that the doing of mitzvahs and gamilut chesed (deeds of loving kindness) are passed on mi dor l'dor, from generation to generation.

sometimes known as Jewish penicillin for its taste.

Jewish observance tells us that Pesach is the time of year that we clean out our kitchens. We remove & burn chametz. At the risk of sounding like a Jewish Martha Stewart (is that even possible?), I am recommending that we do this more than once a year. In fact, at my house we are going to do it on a regular basis. Anyone interested in joining me for raisin challah, chicken soup and a bit of wedding cake?

The Big Freeze

by Debbie Rothschild



A Torah Treasure Update

By Lori Hoch Stiefel

It is official. The kickoff for the Torah Treasure project was a smashing success. On Wednesday, June 10th, 2009 over 200 people gathered in the chic and stylish City Gallery at Waterfront Park to witness the arrival of the Torah from Vengrov that miraculously survived the Holocaust.

Guests nibbled on delicious hors d'oeuvres, courtesy of Chef Margo Markowitz, while sipping wine and checking out the artwork that adorned the walls of the gallery. Rabbi Youlus, of "Save A Torah" was there assisting people in inscribing letters in the saved Torah. The evening commenced with a number of Holocaust survivors, including Charles and Gucia Markowitz, Joe Engel and Rose Goldberg, writing letters in the Torah. Over the course of the two days that Rabbi Youlus was in town, over 250 letters were inscribed in the Torah, bringing it a few steps closer to completion. Guests at the event included Mayor Riley, who inscribed a letter on behalf of the greater Charleston Community, Councilwoman Yvonne Evans, members of various media outlets, constituents of all the synagogues in Charleston as well as members of the Charleston community at large.

Rabbi Sytner gave a riveting speech discussing how the Torah truly unifies all people. He also tied in that day's tragic events at the National Holocaust Museum in Washington, where a security guard

Gucia Markowitz and Rabbi Youlus



Rabbi Youlus and Mayor Riley

was fatally wounded, with the arrival of our Holocaust Torah. A moment of silence was observed by all for the man who gave his life in protecting the museum.

Rabbi Youlus was then introduced and shared with us the story of how the Torah from Vengrov ended up with his organization. Looking around at the crowd while Rabbi Youlus spoke, everyone was enchanted with the story, while it hit close to home for many people.

BSBI's goal for raising money to restore the Vengrov Torah has not yet been met. We need your help in making this happen. For more information, please contact Lori at 843-577-6599 ext. 7. You may also go to www.atorah-treasure.com and donations can be made online.

A special thank you to all of those who helped make this event a success, and in particular: Herb Rosner, Stanley Baker, Rabbi Ari Sytner, Rabbi Menachem Youlus, Linda Trestman, Margo Markowitz, Councilwoman Yvonne Evans, Ellen Moryl, the staff at the City Gallery at Waterfront Park, Sonja Pearlman, Ken Fox, Melvin Robinson, Mavis Stillman, Amos Lawrence and Jared Kraay.

Q How do I enjoy Shabbat with all its prohibitions?

A The truth is that Shabbat can be enjoyed because of its prohibitions.

We live in the 21st century, where stress is a way of life. We run around at a thousand miles an hour all week (except when we're stuck, cursing, in traffic). Answering phones, checking emails, reading text messages, paying bills, giving/taking instructions- life is hectic. We eat on the run; barely have time for our families and battle to nurture our souls. Shabbat is time-out.

You are not allowed to answer the phone. You may not deal with your business affairs. Your business associates, clients, and friends learn to accept it. You may be tempted to "check in on the office" when you're on vacation. On Shabbat you have no choice. That's the advantage of the "prohibitions"- they're non-negotiable.

On Shabbat you do sit and eat a meal as a family. You might even catch up on some sleep. You dedicate time to prayer, meditation and a bit of study. It's actually refreshing. Besides, much of our stress centers on our thinking we're in control. Since we believe we're in charge, we feel we have to carry the full weight of life on our shoulders.

Shabbat refocuses our perspective. The Shabbat prohibitions are designed to make us realize that we cannot always do things as and when we please. Shabbat coaches us to defer to Higher Authority - at least for 24 hours a week. Then, we step into the week's work-whirlwind relaxed, ready to focus and secure in the belief that Someone-Up-There is looking after our interests.

You don't enjoy only Shabbat with its prohibitions; you enjoy the whole week.

Q How is Nissan considered the first month, if the year starts on Rosh Hashanah?

A Jews are anything but straightforward. We celebrate the New Year in the 7th calendar month!

Actually, Rosh Hashanah recalls when the world was created. In other words, it's the New Year for the normal order of things. It's the time of the year when G-d decides who will live or die (G-d forbid), how much each person will earn, and what each region's rainfall will be like.

Rosh Hashanah was around since the beginning of Time. In the Jewish year 2448, something drastic happened. G-d introduced His special People - a nation that lives beyond the normal and the natural. This "Chosen Nation" would not only hope for miracles, but would literally survive on them.

The month of the birth of this nation, (later known as "the Jews"), is Nissan. Even that name relates to miracles (the Hebrew root of the word, nes, means a miracle). Consider the story of what happened in that month - the supernatural escape of a beleaguered slave nation from the most powerful slave drivers ever.

Nissan is the first month of our history as a Jewish nation. Important dates in Nissan (mainly Pesach) are important for us as Jews. The Torah introduces this month to us as: "This month will be for you the first of months..."¹ Six months later, we celebrate Rosh Hashanah, the New Year for all people and all life. By counting every month from Nissan,

Ask the Rabbi

www.askmoses.com

we constantly commemorate the miracle that G-d performed when He took us out of slavery.

Q What is the Jewish view on gossip?

A 1) Gossip in Hebrew is Lashon Hara, which literally means "the evil tongue." Lashon Hara is Negative Mitzvah #301; it essentially outlaws gossip, true or false, about others or even one's self.

2) Rabbi Israel Meir Kagan, a renowned Jewish leader of pre-WWII Europe, spent his lifetime campaigning against Lashon Hara, writing an entire compendium, the Chafetz Chaim, on the subject, in which he connects a whole ton of Torah prohibitions (31) to the sin of loose lips. For beginners, though, there are three basic no-nos: gossip, Lashon Hara itself, and defamation.

3) By "gossip," the Torah means prattling pointlessly about people: simply uttering neutral, non-damaging facts. The Torah uses the Hebrew word rechilus — "peddling" — for gossip: buying, selling and trading worthless words wherever you go. By "Lashon Hara," the Torah means repeating negative truths about others — the most damaging form of evil talk. And by "defamation," the Torah means repeating negatives untruths about others — rumors, innuendo, second-hand stories.

How do I not speak Lashon Hara?

1) Use your head

Based on Rabbi Kagan's widely accepted interpretation, Lashon Hara begins in the mind. If you think ill of someone, you will speak ill of him, no matter what you say. Conversely, if you think positively of him, you will speak positively of him, no matter what you say. Lashon Hara thus really boils down to Ahavat Yisrael: having the right attitude towards people.

2) Use your soul

If your attitude is one of genuine concern and love, then even if you speak negative words, they are not Lashon Hara since they originate in genuine concern and love. Conversely, if you've got a nasty attitude towards an individual, then even if you speak positive words, it's gonna come out negatively — after all, you just don't like the guy. So for long term results, work on your Ahavat Yisrael — the stoppage of Lashon Hara will come automatically.

3. Be a nice guy

If you're in a situation where someone says something bad about someone, either find something positive about him to respond with, or politely smile and say nothing. Bear in mind, though, that listening to negative reports, true or false, will negatively affect your view of the person it's about, so you're better off just excusing yourself or politely changing the subject. If you're really strong-minded, though, you should try to drive the new impression you've just got out of your head.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13th of Tamuz, 5769 8:00 AM Shacharit 7:00 PM Mincha	14th of Tamuz, 5769 7:00 AM Shacharit 7:00 PM Mincha	15th of Tamuz, 5769 7:00 AM Shacharit 7:00 PM Mincha 8:30 PM Shmuel Class	16th of Tamuz, 5769 7:00 AM Shacharit 7:30 AM Blessings and Bagels 7:00 PM Mincha	17th of Tamuz, 5769 Tzom Tammuz 7:45 AM Shacharit 10:45 AM Women's Siddur Class 7:45 PM Mincha 9:05 pm Fast of Tammuz ends	18th of Tamuz, 5769 7:00 AM Shacharit 7:00 PM Mincha 7:00 PM Candle lighting 8:13 PM Sunset	19th of Tamuz, 5769 Parashat Pinchas 9:00 AM Shacharit 7:45 PM Mincha 9:15 PM Havdalah
20th of Tamuz, 5769 8:00 AM Shacharit 7:00 PM Mincha	21st of Tamuz, 5769 7:00 AM Shacharit 7:00 PM Mincha	22nd of Tamuz, 5769 7:00 AM Shacharit 7:00 PM Mincha	23rd of Tamuz, 5769 7:00 AM Shacharit 7:30 AM Blessings and Bagels 7:00 PM Mincha	24th of Tamuz, 5769 7:00 AM Shacharit 10:45 AM Women's Siddur Class 7:00 PM Mincha	25th of Tamuz, 5769 7:00 AM Shacharit 7:00 PM Mincha 7:00 PM Candle lighting 8:10 PM Sunset	26th of Tamuz, 5769 Parashat Matot-Masei 9:00 AM Shacharit 7:45 PM Mincha 9:13 PM Havdalah
27th of Tamuz, 5769 8:00 AM Shacharit 7:00 PM Mincha	28th of Tamuz, 5769 7:00 AM Shacharit 7:00 PM Mincha	29th of Tamuz, 5769 7:00 AM Shacharit 7:00 PM Mincha	1st of Av, 5769 Rosh Chodesh Av 7:00 AM Shacharit 7:30 AM Blessings and Bagels 7:00 PM Mincha	2nd of Av, 5769 7:00 AM Shacharit 7:00 PM Mincha	3rd of Av, 5769 7:00 AM Shacharit 7:00 PM Mincha 7:00 PM Candle lighting 8:07 PM Sunset	4th of Av, 5769 Parashat Devarim Shabbat Hazon 9:00 AM Shacharit 7:45 PM Mincha 9:09 PM Havdalah
5th of Av, 5769 8:00 AM Shacharit 7:00 PM Mincha	6th of Av, 5769 7:00 AM Shacharit 7:00 PM Mincha	7th of Av, 5769 7:00 AM Shacharit 7:00 PM Mincha	8th of Av, 5769 7:00 AM Shacharit 7:30 AM Blessings and Bagels 7:00 PM Mincha 8:03 PM Fast for Tisha B'Av begins	9th of Av, 5769 Tisha B'Av 8:30 AM Shacharit 1:25 PM Chatzot 7:40 PM Mincha 8:37 PM Fast ends	10th of Av, 5769 7:00 AM Shacharit 7:00 PM Mincha 7:00 PM Candle lighting 8:02 PM Sunset	

7/1	Mary S. Pearlman	7/11	Hyman Sokol	7/21	Isaac Herman Hyman
7/2	Joseph Glass	7/11	Morton Friedman	7/21	Sarah Libby Silverstein
7/2	Margaret Cohen Feinberg	7/12	Helen Berle	7/22	Emmanuel Cohen Henriques
7/2	Martin Genet	7/12	Morris Baker	7/22	Julius Liberman
7/3	Harvey Oberman	7/13	Florence Quiat	7/22	Louis Livingstain
7/3	Isaac Sabel	7/13	Gertrude Karesh	7/22	Philip Rosenblatt
7/3	Julius Sonenshine	7/13	Henry Finkelstein	7/22	Rebecca Smolowsky
7/3	Max Engel	7/13	Pauline C. Whitlock	7/22	Ruth Klein
7/3	Morris J. Abramson	7/14	Elka Yaschik	7/23	Abraham M. Mendelson
7/3	Morris Ness	7/14	Fannie Bebergal Goldberg	7/23	Minerva Siegel
7/4	David Nathaniel Levine	7/14	Gertrude Lipman	7/24	Jacob Leib Samet
7/4	David Rubenstein	7/14	Helen Laban Goldstein	7/24	Max Berllinsky
7/4	Samuel Solomon	7/15	Ethel Goldstein	7/24	Shalom Samet
7/5	Jack Rosenberg	7/15	Moe J. Rubin	7/25	Herman L. Cooper
7/5	Jacob Gretenstein	7/15	Morton Shapiro	7/25	Julius Levin
7/5	Leo Livingstain	7/16	Bella D. Kestenbaum	7/25	Sadie Simon Rephan
7/5	Mona G. Sokol	7/16	Celia Sovelove	7/25	Sidney Berkman
7/6	Alex Goldberg	7/16	Hyman Schwartz	7/26	Charles Weinstein
7/6	Annie K. Barkowitz	7/16	Max Klein	7/26	Moses D. Goldberg
7/6	Israel Brody	7/16	Morris Kurtz	7/26	Samuel George Mazo
7/6	Jacob Samuel Cohen	7/17	Harry L. Wilensky	7/27	Samuel Ginsberg
7/6	Rev. Alter Kirshtein	7/17	Moses Prystowsky	7/28	Benny Rudich
7/7	Clara Kirshtein	7/17	Noah Sokol	7/28	Celia Rosenberg Seifer
7/7	Sarah Rivka Goldberg	7/17	Sheila Minkoff	7/28	Charles Triber
7/8	Ezekiel Ellison	7/18	Beryl Krawcheck	7/28	Pauline Tigler
7/9	Ida S. Givner	7/18	Selma Lauper Schwartz	7/29	Clara Feder
7/9	Rose Sonenshine	7/18	Sheila Goldberg Minkoff	7/29	Etta Clein Ellison
7/9	Ruth Goldberg Richman	7/19	Jennie Slotchiver	7/29	Goldie Levy
7/10	Henry Cohen	7/20	Anschel Rudich	7/29	Lilly Berlinsky
7/10	Ida Katz	7/20	Irving William Wilshin	7/30	Henry Berlinsky
7/10	Irene Saperstein	7/20	Rica B. Hirsch	7/30	Isidore Lancer
7/10	Judith Gay Kronick	7/20	Samuel I. Toporek	7/30	Jeremy Kramer
7/11	Dolly S. Robinson	7/21	David Benmamen	7/30	Yetta Rudich

Simcha and

**Memorial plaques,
as well as Chumash and Siddur
sponsorships are available.**

**Please speak to Stanley Baker for
more information or contact**

**Linda Trestman at
577-6599 ext.1**

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info@bsbisynagogue.com**

On May 14, 2009, a concurrent resolution introduced by Senator McConnell, was adopted to honor Pincus Kolender, a Holocaust Survivor who dedicated his life to educating people about the Holocaust and charging them with the responsibility of preventing similar tragedies in the future.

Contributions

In Honor of

Janet Berg

Theresa Sabel

Jack and Faye Brickman

Theodore Stern

Rabbi Sytner

Elizabeth Imburg

Rabbi Sytner

Rita Busman

Dr. and Mrs. Joe Rubin's Grandson's

Bar Mitzvah

Betty Lancer

Marriage of Jason and Amber

Daniels

Lila Lash

Marriage of Jerry Kaynard

Steve and Carolyn Berlin

Arnie Levin's Birthday

The Trevino and Harris Families

Sidney Richman's Birthday

Betty Lancer, Donald and Roslyn

Barkowitz

David, Marsha, Harriet and Connie

Reznick

Dr. and Mrs. Harry Appel

Frances and Joe Chase

Jack and Fay Brickman

Jane and Burnet Mendelsohn

Muriel Stillman

Sandra Lee and Raymond Rosenblum

Sonia and Jerry Rothschild

Steve and Carolyn Berlin

Herb Rosner's Birthday

Betty Lancer, Donald and Roslyn

Barkowitz

Jack and Faye Brickman

Jane and Burnet Mendelsohn

Muriel Stillman

Phyllis Firetag and Maier Hyman

Sandra Lee and Raymond Rosenblum

Sonia and Jerry Rothschild

Steve and Carolyn Berlin

Gertrude Solomon's Birthday

Betty Lancer

Bill and Lea Novit

Dr. and Mrs. Harry Appel

Edward and Peggy Robin

Florence Horowitz

Frances and Joe Chase

George and Mary Geils

Irving and Mildred Sonenshine

Jane and Burnet Mendelsohn

Jenny and Max Garfinkel

Jerry and Sonia Rothschild

Libby Soffar

Louis and Mary Kirstein

Mr. and Mrs. Chuck Jacobson and Family

Phyllis Firetag and Maier Hyman

Sandra Lee and Raymond Rosenblum

Stanley and Charlot Karesh

In Memory of

Janet Bacon

James and Janice Turner

Bernie Benjamin

Ellen and Arnie Levin

Frances Jacobson

Laura Jacobson and John Waldrep

Moses and Shirley Reznick

David, Marsha, Harriet and Connie

Reznick

Yonni Schwartz

Alan and Binky Cohen

Betty Lancer, Donald and Roslyn

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Muriel Stillman

Neda and Alan Nussbaum

Robert and Angie Liberman

Robert and Elaine Holberg

Sandra Lee and Raymond Rosenblum

Sonia and Jerry Rothschild

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Steve and Carolyn Berlin

Theresa Sabel

Yahrzeit

Eleazer Bernstein

Ruth, Jeffrey and Sam Kaplan

Sam and Ida Breibart

George and Bertha Breibart

Flora Chase

Cynthia Morgan

J.R. Epstein

Irene Kahn

Gussie Feldman

Shirley and Arnold Prystowsky

William Feldman

Shirley and Arnold Prystowsky

Brondle Fine

Lea and Bill Novit

Abe Finkelstein

Linda Finkelstein

Joan Martin

Morris Finkelstein

Sarah Finkelstein

Rebecca Finkelstein

Joan Martin

Lorraine Finkelstein

Linda Finkelstein

Otto Fox

P. Maurice and Joan Fox

Sarah Fox

P. Maurice and Joan Fox

Elcha Garfinkel

Olga Weinstein
 Sandra Shapiro
Philip Garfinkel
 Sandra Shapiro
Sam Garfinkel
 Olga Weinstein
 Sandra Shapiro
Matie (Mickey) Garfinkel Samet
 Sandra Shapiro
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 Mr. and Mrs. David Gilston
Abraham Goldberg
 Leonard Goldberg
Sol D. Goldberg
 Sanford Goldberg
Clara Goldman
 Irene Taradash
Max Goldman
 Irene Taradash
Esther Hirsch
 Betty Lancer
Jacob Hirsch
 Betty Lancer
Max Hirsch
 Betty Lancer
Harriet Jacobson
 Chuck and Barbara Jacobson
Albert Charles Kaufman
 Phyllis Schneider
Abe Kirshtein
 Rosalie Garber
 Ruth Kaplan
 Sam Kirshtein
Edith C. Kirshtein
 Rosalie Garber
 Mr. and Mrs. Sam Kirshtein
 Ruth, Jeffrey and Sam Kaplan
Martin Krell
 Mr. and Mrs. Barry Krell
Sadie Krell
 Robert Krell
David Lancer
 Roslyn Barkowitz
Jules Lancer
 Betty Lancer
Sadie Lancer
 Betty Lancer
Ida Landau
 Lea and Bill Novit
Alex Lash
 Lila Lash
Jack Leff
 Terry Leff
James Edward Levin
 Mr. Allan Levin
Alex and Sidney Levy
 Lillie Rubenstein, Jeanette Katz, Sarah

Levy
Israel Levy
 Lillie Rubenstein, Jeanette Katz, Sara
 Levy
Nachman Maier ben Menachim Mendel
 Chana Yaschik
Moses Mendelsohn
 E.B Levine
Harry Minkoff
 Bruce Minkoff
Dr. Harry Prystowsky
 Mr. and Mrs. Albert Berger
Rosalie Rabinowitz
 Faye Olasov and family
Esther Reznick
 Phyllis Firetag and Maier Hyman
Shirley Reznick
 Phyllis Firetag and Maier Hyman
Jack Rosen
 Samuel and Sara Beth Rosen
Paul Rosen
 Samuel and Sara Beth Rosen
Jack Schraibman
 Arnold Schraibman
Lou Schwartz
 Ida Schwartz
 Mr. Marty Schwartz
Naomi Hattie Sohor
 Andrew H. Sohor
Katie Solomon
 Mr. and Mrs. A. Bernard Solomon
Robert Truere
 Sonia and Jerry Rothschild
George Winnick
 Mr. and Mrs. Barry Krell
Fay Winters
 Lila Lash
Louis Winters
 Lila Lash
Jack Wright
 Stanley Wright
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 Lillie Rubenstein, Jeanette Katz, Sarah
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In Memory of Jerome "Yonni" Schwartz
 Brenda and Sam Rosen
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Speedy Recovery for Warren Hyman
 Brenda and Sam Rosen

Rabbi's Torah Fund

In Honor of Rabbi and Mrs. Sytner
 Cynthia and Stephen Morgan
 Cynthia Lipman
 Judith Solomon

BSBI greatly appreciates your support. Please consider honoring a person or an occasion with a contribution.

Difficult Times

During these difficult economic times there are members of our own congregation that are struggling to make ends meet. If you are able to do so, kindly donate to the Rabbi's Torah Fund for the purpose of helping to sustain local families.

Additionally, if you may know of jobs available, whether part-time, full-time, or even on occasion, please notify the rabbi, as there are people in our Shul that are currently seeking any form of employment. These are very capable individual with skills and experience ranging from office work to menial labor. Please keep your eyes and ears open. The Talmud says: Giving a person a job is the most significant form of Tzedakah!

12 The Messenger

Tisha B'Av - The "ninth day" in the Jewish month of Av, which starts at sundown on the eighth day and concludes at sundown on the ninth day of Av. This is the day when the intensity of the entire three week mourning period reaches its peak (keep reading below for details and use our entire Tisha B'Av Resource Center to learn more). This year, Tisha B'Av begins on the evening of Wednesday July 29, 2009.

History:

According to our sages, many tragic events occurred to our ancestors on this day:

1. The sin of the spies caused Hashem to decree that the Children of Israel who left Egypt would not be permitted to enter the land of Israel;
2. The first Temple was destroyed;
3. The second Temple was destroyed;
4. Betar, the last fortress to hold out against the Romans during the Bar Kochba revolt in the year 135, fell, sealing the fate of the Jewish people.
5. One year after the fall of Betar, the Temple area was plowed.
6. In 1492, King Ferdinand of Spain issued the expulsion decree, setting Tisha B'Av as the final date by which not a single Jew would be allowed to walk on Spanish soil.
7. World War I – which began the downward slide to the Holocaust – began on Tisha B'Av.

Prohibitions:

The prohibitions on Tisha B'Av itself are similar to those of Yom Kippur. In addition to not eating or drinking, we are not allowed to wash, anoint oneself or wear leather shoes. In a prohibition more stringent than on Yom Kippur, we are only allowed to study certain portions of the Torah and Talmud on Tisha B'Av.

Observances:

The observance of Tisha B'Av begins with the Seudah HaMafseket, the last meal before the fast commences.

Unlike the elaborate feast we have before Yom Kippur, this meal is typically one course, usually consisting of a hard-boiled egg and some bread. Also, this meal is generally not eaten with others to avoid having a Zimmin (quorum for public blessing) at Birchat HaMazon. Zimmin indicates permanence, habit and durability. We avoid the Zimmin because we'd prefer not to make this mournful meal a recurring experience. It is customary to eat this meal seated on the floor or a low stool.

Until Mincha on Tisha B'Av one should try to

Tisha B'Av

www.ou.org

avoid sitting on a chair or bench. Instead, the custom is to stand or sit on the floor, just like a mourner during the Shiva (traditional seven days of mourning a loved one).

Beginning at Mincha sitting on chairs is permitted, and we reduce the intensity of the grief that has pervaded us so far. Also, men put on Tefillin and recite those Tefillot that were omitted at Shacharit.



It is forbidden to greet friends or acquaintances on Tisha B'Av. However, if greeted first, one should answer, but in a low tone in order not to arouse resentment.

At the evening Ma'ariv service, the entire congregation sits on the floor and recites the Book of Eicha (Lamentations) where the prophet Jeremiah weeps the destruction, and we weep with him.

The morning of Tisha B'Av is the saddest part of the day. We recite Kinot, and the men do not don Tefillin at Shacharit, because Tefillin are called "Pe-ar," "Glory," and this is definitely not a day of glory for the Jewish People.

Our sages teach that whoever mourns over Jerusalem will merit the future vision of her joy. As it is written in Isaiah (Chapter 66, verse 10), "rejoice greatly with her, all who mourn her."

The Three Weeks

The Three Weeks begin on the 17th of Tammuz, which begins on the evening of Wednesday July 8, 2009.

This period of time is known as Bein HaM'Tzarim, "between the straits", because it says in Eicha (Chapter 1, verse 3): "and her pursuers overtook her between the straits", referring to the calamitous events that befell the Jewish people between Shivah Asar B'Tammuz and Tisha B'Av. (Some of the prohibitions and customs we observe during this period are mentioned here. For specific questions contact a Rabbi.)

Visiting cinemas, theaters, concert halls or any other place where there is public entertainment is strictly prohibited.

With the exception of socks and undergarments, new clothes should not be purchased.

Haircuts are forbidden. According to some authorities, men who shave daily for business reasons may shave during this period.

The Nine Days

The Nine Days begin on the evening of Tuesday July 21, 2009. The intensity of the three week mourning period increases with the onset of Rosh Chodesh Menachem Av. So, in addition to those items mentioned below, during the days between Rosh Chodesh and Tisha B'Av, we are prohibited from:

Building or performing alterations in one's home, unless the work is important repair work. This prohibition includes painting, wall papering and other forms of home decorations.

Eating meat or drinking wine, except on Shabbat.

Giving clothing to or getting clothing back from the cleaners or doing laundry. Children's clothing, especially babies and infants, may be cleaned during this period. Also, this restriction doesn't apply to clothing worn directly against the body which requires frequent changing.

Weaving, knitting and needle craft work, with the exception of repairing torn clothing, is prohibited during this period.

Swimming and bathing for pleasure is prohibited. Taking a bath or shower for hygiene purposes is permitted. Children in camp may go swimming during the instructional swim period. Visiting a Mikveh when necessary is permitted.

The Shabbat before Tisha B'Av is called Shabbat Chazon because the Haftorah that morning begins with the word Chazon. May the merit of us mourning these tragic events speedily bring about great redemption.

TU B'AV A DAY OF LOVE AND MERRIMENT

(www.ou.org, www.myjewishlearning.com and
www.telshemesh.org)

Tu B'Av, the 15th Day of Av, is both an ancient and modern holiday. Originally a post-biblical day of joy, it served as a matchmaking day for unmarried women in the second Temple period (before the fall of Jerusalem in 70 C.E.). Tu B'Av was also a holiday of dances to celebrate the grape harvest. Grapes, in Jewish life, are the symbol of the sacred spiral of time, for they are made into wine, and wine is what Jews use to sanctify and bless joyful holy days. The holiday went almost unnoticed in the Jewish calendar for many centuries but it has been rejuvenated in recent decades, especially in the modern state of Israel. In its modern incarnation it is gradually becoming a Hebrew-Jewish Day of Love. Tachanun is not said on Tu B'Av and grapes, raisins, grape juice, and wine are often eaten or drunk as part of the festivities.

There is no way to know exactly how early Tu B'Av began. The first mention of this date is in the Mishnah (compiled and edited in the end of the second century), where Rabban Shimon ben Gamliel is quoted saying, "There were no better (i.e. happier) days for the people of Israel than the Fifteenth of Av and Yom Kippur, since on these days the daughters of Israel/Jerusalem go out dressed in white and dance in the vineyards. What were they saying: Young man, consider whom you choose (to be your wife)..." (Taanit, Chapter 4).

According to tradition, "the daughters of Jerusalem would go out and dance in the vineyards located on the outskirts of the city. And everyone who didn't have a wife would go there."

"And what would they say?"

"Young man, lift up your eyes and choose wisely. Don't look only at physical beauty - look rather at the family - 'For charm is false, and beauty is vanity. A G-d-fearing woman is the one to be praised...' ("Mishlei"/Proverbs 31:30)"

This focus on women and on marriage in the celebration of the day is based on two enactments that were made on the Fifteenth of Av, in favor of women:

The Torah tells us in Parshat Pinchas of the complaint to Moshe of the daughters of one Tzelafchad regarding the seeming inequality

in Jewish Law, in the case where a man dies without sons, that his daughters seem to be bypassed in the chain of inheritance with regard to acquiring property in the Land of Israel. After inquiring with Hashem, so to speak, Moshe informs the daughters that they should not be excluded in favor of the sons, but that the daughters must be required to marry within their tribe. This limitation on the marital prospects of Jewish woman was lifted once the Jewish People actually were settled in Israel; and it was lifted on the Fifteenth of Av.

Another case where a limitation on Jewish women was lifted on the Fifteenth of Av came in the Period of the Judges, in the wake of a punishment directed against the Tribe of Benjamin. The last chapters of the Book of Judges, which deals with the period of time approximately 1395 B.C.E. (Before the Common Era) - 1060 B.C.E.),

the earliest period in the settlement of the Jewish People in the Land of Israel, described in that Book as basically a period of weak central control, when "there was not yet a king in Israel" (Shoftim 19:1), and "a person would and could do whatever he wanted to do," tell the story.



An account is found there of the Tribe of Benjamin acting in accordance with the description assigned it by the father Yaakov as a "wolf which tears its prey" (Bereshit 49:7; this is certainly not a complete description of the characteristics of that Tribe, because it was in their section of the Land of Israel (along with the Tribe of Yehudah) where the Holy Temple would be built). In any case, an elderly man took in a man and a woman traveling in the area of Benjamin as a neighborly gesture. The Binyaminites

acted in a manner indistinguishable from the manner in which the residents of Sodom greeted the guests of Lot, (Bereshit 19:1-10) except that in this case, the victims were defenseless human beings and not angels, with super-powers. In short, the woman was abused and killed by the men of the Tribe of Benjamin.

The reaction of the other Tribes was to make Civil War against Benjamin, and to enact that none of their daughters would be allowed to marry a man from that tribe. But the enactment which prohibited a Jewish girl from marrying a man from the Tribe of Binyamin, like the earlier enactment against the orphan daughter of a man who died without sons marrying outside her own tribe, was cancelled at a later time, on the Fifteenth of Av.

Therefore this day continues to be remembered as a day of joy, celebration and matchmaking.



Charleston Jewish Film Festival

by Debbie Rothschild

You may have heard rumblings, seen emails and even caught a meeting or two, so the cat is out the bag. BSBI is organizing a Jewish film festival. The purpose of a Jewish film festival is to share and explore the experience of Jewish life through film. Many cities have film festivals. The big ones like Boston, New York and LA. Even smaller ones, too like Charlotte, Kansas City and Hartford. So, why not Charleston? Charleston is a city rich with Jewish culture and history. In the coming months, you'll hear a lot about we are planning. In fact, if you've got any ideas or want to be part of it, let us know. The festival will be completely volunteer driven from choosing the movies to planning the events and taking the tickets. Pulling off a film festival is no small feat. This community wide event will be yet another opportunity for us to come together, share our culture with each other and the community. The next meeting will be in July, and we will keep you posted with the details. We really hope you will join us. You won't want to miss being involved with this special event coming in December 2009. Feel free to reach out to us with questions, ideas, or if you want to get involved at info@charlestonjewishfilm.com.

Hidden Gems of Charleston

by Debbie Rothschild

As a resident of your own city, you hardly ever take the chance to explore what is around you. When I lived in New York, I would often get asked how many times I had been to the Statue of Liberty or the top of the Empire State Building. The answer is 1 time each. And they were both on a 4th grade class trip. Since moving back to Charleston, I have tried to explore the city as though I were a tourist. The best part is as a tourist in your own city you know where to park and where to eat but often come across something you never expected to find in your own backyard.

Here are just a few hidden gems: Throughout downtown, there are a number of historic homes. By visiting them all you can make your own walking tour.

Since it is a bit out of the way, start at The Aiken-Rhett House at 48 Elizabeth Street. This home is filled with crystal and bronze chandeliers, classical sculpture and paintings and antiques brought over from Europe by Mrs. William Aiken in the 1830s.

Next, make your way Church Street at the corner of Broad St and visit The Heyward-Washington House. Built in 1772 by Daniel Heyward, this home was the setting for Porgy, George Washington slept here (as cliché as that sounds) and Thomas Heyward, a signer of the Declaration of Independence, once owned it.

Over on Meeting Street, there are 2 homes at opposite ends. Pick a direction and visit The Nathaniel Russell House at 51 Meeting Street. It was built in 1808 by Mr. Russell himself, one of Charleston's richest merchants. It is known for its "free-flying" staircase which spirals unsupported for 3 floors.

Over at 350 Meeting Street, you can visit The Joseph Manigault House which was built in 1803 and features a wide array of period furnishings including French Charlestonian, American and English.

For you art lovers, there's the Gibbes Museum at 135 Meeting Street that is always featuring something interesting. Through July 19, there is a photography exhibit called Post-Pleistocene by Jeff Whetstone, which examines the marks that humans leave on the land and in particular the accreted marks left behind by generations of humans as they explored the caves of east Tennessee and Alabama.

And, if you are a history buff and love to read, visit Preservation Society of Charleston Bookstore at 147 King Street. Here you can find a collection of books about Charleston and the Low Country, art books, Southern literature, and early recordings of Low Country lore told in the Gullah dialect. They also feature local handcrafts, art prints, and the acclaimed architectural drawings. Hopefully, this has inspired you to explore this beautiful city of ours.

These are just a few places to explore. We would love to hear about your favorite Hidden gems of Charleston. Please send them to info@bsbisynagogue.com



And, if you are an armchair traveler, here are some sites to explore:

- www.HistoricCharleston.org
- www.Middletonplace.org
- www.Charlestonmuseum.org
- www.Preservationsociety.org
- www.Gibbesmuseum.org

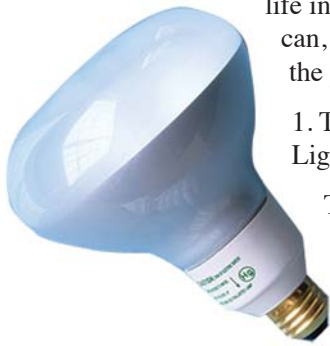
10 Easy ways to Green up your life

by Lori Hoch Stiefel

Helping to change the world isn't that hard. This is even an important Jewish concept: Tikkun Olam, or repairing the world.

It begins with these small acts that become habits. As they gain momentum, soon you're not doing just one thing; you're

revolutionizing your life in a way that can, in fact, save the planet.



1. Turn Off the Lights

Two-thirds of all the electricity used in the residential

sector of the United States powers lights and appliances. Considering that electricity production generates more than 1.9 billion metric tons of carbon dioxide emissions a year, a simple flick of the switch is a good start. Remember to shut the lights when you leave a room and encourage your children to do so as well. It really will lower your electric bill.

2. Eat More Veggies and Fruits

While a meat-centered diet deepens our ecological footprint and contributes to pollution, a plant-centered diet requires fewer resources and supports long-term health. But you don't have to go completely veggie to reap the benefits; try gradually shifting the emphasis of your meals from animal-based proteins to plant-based ones, such as soy foods and beans. Use this as a great opportunity to visit a local farmers markets to see what is in season. Summer Challenge: try at least one new vegetable or fruit a week. You'll expand your palette and give yourself the opportunity to say a Shehechyanu blessing.

3. Use Greener Cleaners

As many as a third of Americans have an adverse reaction to common household chemicals. Safer products can save you

money, too. While furniture polish will set you back about \$4, cleaning with 1/4 cup of distilled white vinegar and a few drops of olive oil costs mere cents. If you are not into making your own cleaners, that's okay as there are some great products on the market, like Clorox's Green Works. It smells great and won't break the bank.

4. Find New Uses for Old Things

Many retailers provide in-store drop-off bins for recycling cell phones, while items such as clothing, toys, and computers are great for local shelters and rescue missions. Through donations you not only relieve pressure on landfills, you contribute directly to your community.

5. Spend More Time Outdoors

Environmental stewardship is grounded in love rather than anger, says John Pasacantando, executive director of Greenpeace USA and nature's ultimate ambassador. Once you find the place that motivates you, spend time there regularly. Let it remind you of what's at stake. Charleston has some great parks and beaches to enjoy this summer. Please visit the Charleston County Park and Recreation Commission's website at <http://www.ccprc.com/>, or call them at (843) 795-4386 to get more information.

6. Bring Your Own Bag to the Grocery Store

The paper-or-plastic dilemma may someday be obsolete. But paper is an only slightly better alternative. The greenest option? Look in your closet and drawers for a strong, durable, reusable bag, and take it with you to the supermarket, mall, or your favorite takeout place. You can also turn this into an arts and crafts activity for your kids. Break out the old buttons and markers and encourage them to create their own reusable bag masterpiece.

7. Start Gardening

From the production of petroleum-based fertilizers to the cross-country distribution of seasonal fruits and vegetables, the modern food system accounts for 10 percent of U.S. energy consumption. And yet at least 30 million acres of abundant front lawns remain idle. Try turning a small patch into your own personal produce section. If your thumbs are not so green, pop on over to Hyams's Garden and Accent Store on Folly road, (843) 795-4570, and pick up some

potted herbs for your kitchen window-sill. Not only will you save money, but you will also be able to add some flare and nutrition to your cooking.



8. Buy Products Made from Recycled Materials

These days, it's easy to find affordable green products and adopt creative, sustainable practices -- and doing so will bolster the bottom line by cutting energy and material needs. Whether it be paper with recycled content for your home or office printer, or a doormat for your house made from recycled tires or bottles, the options are endless.

9. Choose Reusable Instead of Disposable Products

Saving the Earth starts early. Show even your littlest child that you always think green by selecting reusable instead of disposable products. Rather than cleaning up around the kitchen with paper towels, have a few kitchen towels or rags designated for that purpose alone. When they get dirty, toss them in the wash (using cold water of course).

10. Turn Off Your Desktop Computer

Whenever you leave work, remember to turn off your computer. Especially on Fridays -- or any other occasion when you're going to be away from the office for long periods of time. Other tips: unplug your cell phone charger when you are not using it -- by being plugged into the wall it still uses electricity. As well, any appliance that has a clock, (i.e. microwave, toaster oven) that is not being used should be unplugged as it wastes valuable energy as well.

Start off small and before you know it, these small acts will become a part of your daily routine without you even realizing it. For more tips, or questions on how to "green" your life, contact Lori at lori@bsbisynagogue.com.

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Upcoming Classes with Rabbi Sytner to resume in August

Please check the calendar for exact dates

Tuesday 9:15 am

Women's Torah Class

Join Rabbi Sytner for a morning Women's Torah Class at the JCC and discover deeper meanings to the stories of Abraham and Sara. Coffee will be served.

Tuesday 8:30 pm

Shmuel

Explore the Book of the Prophets as this class studies one chapter per week of Shmuel. The class meets at the home of Sara & Mitch Weinstein.

Wednesday 7:30 am

Blessings and Bagels

Join us for morning minyan followed by a bagels and lox breakfast and a D'var Torah from Rabbi Sytner.

Wednesday 1:00 pm

Lunch and Learn

Food for the body, Food for the Soul. Take a break in the middle of your day for some "delicious learning and inspiring food."



Thursday 10:45 am

Women's Siddur Class

Discover the reasons why women have the greatest ability to connect directly to G-d with prayer. Through the ancient text of the Siddur, explained and illustrated through story and parable, this class will completely change the way you look at prayer.

Daily Talmud– Gemara Brachot

Join Rabbi Sytner each morning after Shacharit services for a lively discussion based on Talmudic texts.

Contact us:

BSBI Synagogue

182 Rutledge Avenue • Charleston, SC 29403

P: 843-577-6599 • F: 843-577-6699

E: info@bsbisynagogue.com

www.bsbisynagogue.com